

Go Outside

Caterpillar



What you need:

An outside area

How To Play

The players on each team sit upon the ground in single file, with the head of each team behind the base line. The knees are bent so that the feet are flat on the ground. Each player reaches back with his two hands and grasps the ankles of the player next behind him. At the signal to go, the entire column moves forward, trying to keep from breaking the column by any one losing his grip on the ankles of the next member of the team, behind. The caterpillar creeps forward across the distance line and returns. When the rear end of the column crosses the base line, the race is completed, provided the column is unbroken